

Does your gym membership include...



Free Group Fitness Classes
Free Pilates Classes
Free Yoga Classes**
Free Consultations with Certified Personal Trainers***

AND also have Childcare, Group Cycling and Racquet Sports!

Childcare • Group Cycling Classes
Tanning Packages • Personal Training Packages

Members of:



\$29 Per Month*

no registration fees

* 12 month membership required.

** Evening Yoga classes have an additional charge.

*** Trainers will set you up with a program and meet with you every 4-8 weeks. More intensive training packages are available.



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www.championsfitnessclub.com